



VIRGINIA SWIMMING SHORT COURSE AGE GROUP CHAMPIONSHIP

March 13-16, 2014
SANCTION NO. VS-14-56

Hosted by:



SANCTION:	<ul style="list-style-type: none"> Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-14-56 USA Swimming, Inc., Virginia Swimming, Inc., and Christiansburg Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	Christiansburg Aquatic Center, 595 N. Franklin Street Christiansburg, VA 24073, Phone: (540) 381-7665
FACILITY:	<ul style="list-style-type: none"> 50 M pool with bulkheads set to provide the following: <ul style="list-style-type: none"> Pool 1 (Competition Pool 1): 8 lanes, 25 yards. Swum wall to bulkhead. The start end is 7 feet deep sloping toward the bulkhead where the depth is 7.4 feet deep. Pool 2 (Competition Pool 2): 8 lanes, 25 yards. Swum wall to wall. The depth of this portion of the pool runs 12.5 feet deep from the bulkhead (lane 1) sloping to 17 feet deep to the wall (lane 8). Competition Pool Warm-up/Warm-down Area: 4 lanes, 25 yards, swum wall to wall. The depth of this portion of the pool is 7.5 feet deep Leisure Pool Warm-up/Warm-down Area: 4 lanes, approximately 20 yards, The depth of this pool is 4 feet deep and will be available until 12:00 noon each day. Lanes have non-turbulent lane lines. Colorado Timing System with Relay Judging Pads, Dolphin Wireless Watches, color scoreboard, and separate video board. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4)
MEET DIRECTOR:	<p>Scott Baldwin Host Team Coordinator/VSI AG Chair Email: edbaldwi@vt.edu Phone: (540) 998-2327</p>
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all Virginia Swimming registered athletes registered prior to the first day of the meet that are 14 years old and younger and meet the qualifying time in each event entered. Swimmers who have a minimum qualifying time in the 1000 Yard Freestyle or the 1650 Yard Freestyle may swim both events. No on deck Virginia Swimming athlete registration will be permitted. The qualifying period for this meet is January 1, 2013 through March 12, 2014 Age on March 13, 2014 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> Individual events for 11-12 and 13-14 swimmers EXCEPT the 11-12 400 Y Individual Medley, 11-12 500 Y Freestyle, the 13-14 1000 Y Freestyle, and the 13-14 1650 Y Freestyle will be swum as prelim/finals. Top Heat of 11/12 400 Y Individual Medley will swim in Finals. Thursday evening events will be swum in Pool 1 & 2. <ul style="list-style-type: none"> Pool 1- 10&U and 11-12 500 Y Freestyle will be swum in normal event order seeded slowest to fastest, Pool 2- 13-14 1000 Y Freestyle will be swum in fastest to slowest, alternating girls and boys. The final heat of girls and boys may be combined. Prelims (Friday through Sunday) will be swum in the morning sessions in Pools 1 & 2 <ul style="list-style-type: none"> 10&U and 11-12 swimmers will swim prelims in Pool 1 on Friday, Saturday, and Sunday. 10&U events are timed finals. 11-12 events are prelims. 13-14 swimmers will swim prelims in Pool 2 on Friday, Saturday, and Sunday unless otherwise

	<p>noted.</p> <ul style="list-style-type: none"> • Finals (Friday through Sunday) for 11-12 and 13-14 Swimmers will be swum in the evening sessions in Pool 1. The consolation heat will swim first in finals, followed by the final heat. • The 1650 Y Freestyle will be swum in two courses, using both pool 1 and pool 2, 10 minutes after the last event in either pool whichever is latest. It will be swum fastest to slowest. The final heat of girls and boys may be combined. • Relay events: <ul style="list-style-type: none"> ○ Will be Timed Finals. ○ The fastest heat of the 200 Medley, 200 Free and 400 Medley relays for 11-12 and 13-14 year old age groups will swim during the finals session each day. ○ All remaining heats will be swum during the Preliminary session. ○ All heats of the 400 Freestyle Relay will be swum on Sunday during the preliminary session. ○ Relays will be seeded so that the slowest heat has at least three teams, even if this means that a heat in the finals session has less than eight teams. ○ All relays both entered and swum must have at least two swimmers that have been entered in an individual event in this meet.
WARM-UP:	<ul style="list-style-type: none"> • Thursday evening session: Warm-ups: 4:00 pm; competition starts at 5:15 pm • Prelim sessions: <ul style="list-style-type: none"> ○ Friday, Saturday and Sunday mornings: Warm-ups: 7:00 am; competition starts at 8:30 am • 1650 freestyle session: Competition will begin following the conclusion of the 11-12 events or 10 minutes after the 13-14 relays, which ever comes last at approximately 12:15 pm. • Final sessions: <ul style="list-style-type: none"> ○ Friday and Saturday: General warm-ups: 4:30 pm; Specific warm-ups 5:30 pm; competition starts at 6:00 pm ○ Sunday: General warm-ups: 4:00 pm; Specific warm-ups 4:45 pm; competition starts at 5:15 pm • Prelim sessions: Pools will be available for warm-up and warm-down during their respective breaks. • Lane assignment and warm-up times for individual clubs will be posted on the H₂Okie Aquatics website no later than Tuesday, March 11, 2014, and will also be emailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, MARCH 4, 2014.</p> <p>ENTRY PROCEDURES – OME MEET ENTRY</p> <p>SEE OME HIGHLIGHTS ATTACHMENT AT END OF INVITATION FOR MORE INFORMATION</p> <ul style="list-style-type: none"> • OME OPENS: 9:00 am EST – Friday, February 21, 2014 • OME CLOSES: 11:59 pm EST – Tuesday, March 04, 2014 • Meet Entry Officer: Scott Baldwin, Phone: (540) 998-2327, Email: edbaldwi@vt.edu • On-Line Meet Entry (OME) – Entries will be processed using the USA Swimming On-Line Meet Entry System (OME) ONLY. Email entries during the regular entry period will not be accepted. <ul style="list-style-type: none"> ○ The OME system is accessed from the USA Swimming web site at the address http://www.usaswimming.org/ome ○ Coaches must register for an account (Free) to utilize the system. Log in and select “Enter Team.” • LATE ENTRIES. Entries desired after 11:59 pm, Tuesday, March 4, 2014, and prior to the start of the meet, must be sent to the Meet Entry Officer for input and will be considered late. • The total fees for all entries, including the late entry fee, must be paid prior to the first session of the meet (Thursday March 13, 2014) or the swimmer may not swim those events. • A confirmation of entries will not be sent to a club until the fees are marked paid, either by credit card or by arrangement with the Meet Entry Officer. • Payment for events entered at the meet must be made at the time of the request (made to Administrative Referee). The request must be prior to the close of the scratch box for the event desired. • OME HELP: Anthony Buhr Scott Baldwin

USA Swimming
Phone: (719) 330-4054
Email: abuhr@usaswimming.org

Meet Entry Officer
Phone: (540) 998-2327
Email: edbaldwi@vt.edu

- **Conforming and Non Conforming times will be used for entry – Short Course Yards, then Long Course Meters, then Short Course Meters**
- **Individual Entries:** Use the fastest time in national database for entry within the qualifying period.
 - Swimmers may enter using an “Override Time” for times not in the national database.
 - Override times must include the meet name and date.
 - Override times that cannot be proven during the entry process will be annotated with an asterisk (*) on the meet psych sheet (Entry List).
- **Relay Entries:** Use the fastest time in national database for entry within the qualifying period. Relay times must be provable by team or swimmer aggregate.
- For any event requiring a positive check-in, proof of asterisk (*) submitted times must be submitted to the Admin Referee prior to the check-in deadline. For any other event, proof of asterisk (*) times must be submitted to the Admin Referee prior to the first session in which the team has swimmers entered.
- Any proof of times received after the heat sheet has been printed will be seeded in the first heat with an extra heat being added if necessary.
- Times that are missing from the National Database should be requested through the host LSC National Times Coordinator of the meet at which the time was achieved.
- OME is not an eligibility report. It is the coach’s responsibility to know for which events your athlete is qualified.
- **OME RELAY ENTRY PROCEDURES: ENSURE “RELAY ONLY” ATHLETES ARE INCLUDED IN THE TEAM ENTRY ROSTER.**
 - If entering a “B” relay, be sure to select an entry time that does not have a double asterisk (**).
 - The ** signifies that at least one athlete from the entry time of the “A” relay was a member of the relay that achieved that time. Select another listed time or enter an aggregate relay
 - **All entries for 13-14 200 Y Medley relays must use 400 Y Medley relay times. “No Time” (NT) entries will not be accepted.**
- **ATTENTION TEAMS WITH UNATTACHED ATHLETES:** Teams may enter athletes with an unattached status. When building the roster in OME, select the “Add Unattached/Unregistered Swimmer” link.
- **ATTENTION INDIVIDUAL UNATTACHED ATHLETES:** Unattached athletes that are not awaiting attachment to any team must enter individually.
 - Access the OME system at the address <http://www.usaswimming.org/ome> - log in and select “Enter Individual.”
 - These individuals may send a text file of their entries to the Meet entry person to be entered manually.
 - Payment must be made in that case by check to be received not later than March 13, 2014
- **ENTRY LIMITS:**
 - **Individual Events:** 12 and younger swimmers may enter a maximum of 8 individual events, no more than three per day. 13-14 swimmers may enter a maximum of 7 events, no more than three per day.
 - **Relays:** Two (2) per team per event.
- The Meet Director reserves the right to combine heats and events, which actions may require reseeding.
- The Meet Director reserves the right to eliminate heats of any event if necessary.
- **Proof of entry times is required for individual and relay events. Entries not proven by the proof of time deadline will be scratched. “No Time” relay entries will not be accepted.**
- All late entries must submit proof of time.
- Late entries may not be used to improve the seed time of an earlier entry.

FEES:	<p>Individual Events: \$7.50 Relay Events: \$15.00 Swimmer Fee: \$2.50 per person (entered in the meet in any capacity) Late Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the entry deadline.</p> <ul style="list-style-type: none"> • OME payments may be made using VISA, MasterCard, American Express or Discover (on line) or check. Payment by check must be received by March 13, 2014. Checks should be payable to HOKI. • Checks should be sent to: Scott Baldwin 165 Huff Heritage LN Christiansburg, VA 24073 • Late fees for OME entries will be due prior to the first session of the meet (Thursday, March 13, 2014). • Failure to pay entry fees by this deadline could result in teams being barred from the meet. All fees must be paid in full in order for the entries to be considered compete. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries.
AWARDS:	<ul style="list-style-type: none"> • Individual events will be awarded medals for first through eighth place. • Relay events will be awarded medals for first through fourth place and ribbons for fifth through eighth place. • High point will be awarded for girls and boys in the 10&U, 11-12, and 13-14 age groups and overall. • Team awards will be given. <ul style="list-style-type: none"> ○ The winning team will receive a banner. The teams placing second through sixth will receive a plaque. ○ Large Team, Medium Team, and Small Team: Women's high point and men's high point in each category • Scoring <ul style="list-style-type: none"> ○ Individual Events: F – 20-17-16-15-14-13-12-11, C – 9-7-6-5-4-3-2-1. ○ Relay Events: F – 40-34-32-30-28-26-24-22, C – 18-14-12-10-8-6-4-2
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded with the exception of the following events that will require a positive check-in at the Clerk of Course: <ul style="list-style-type: none"> ○ Thursday evening events by 4:30 pm ○ 13-14 500 Freestyle, 11-12 400 Individual Medley, 13-14 400 Individual Medley, and the 11-12 and 13-14 400 yard relays by 9:30 am the day the event is to be swum. ○ 10&U, 11-12 and 13-14 Friday Relays by 8:30 am ○ 10&U, 11-12 and 13-14 Saturday Relays by 6:00 pm on Friday ○ 10&U, 11-12 and 13-14 Sunday Relays by 6:00 pm on Saturday ○ 1650 Freestyle by 9:30 am Sunday • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.
PENALTIES:	<ul style="list-style-type: none"> • Penalties for entries using fraudulent and/or non-verifiable entry times: <ul style="list-style-type: none"> ○ Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. ○ Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. ○ Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event so entered. ○ If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. • On the last day of a VSI Age Group Championship Meet, a \$50 fine will be assessed to any swimmer who qualified originally for one of the final heat(s) and who does not scratch out of finals and does not show up to compete. • A \$50 fine will be levied against any swimmer who positively checks-in and declares their

	intent to swim for a distance event and does not show up to compete.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The overhead start procedure will be used for the Prelim sessions, and may be used for the 10 & Under sessions and Final sessions at the discretion of the Referee • The scratch procedures listed in current <i>USA Swimming Rules and Regulations</i>, Article 207.11.6, sections D and E only will be in effect and modified as follows: The scratch rule regarding finals will apply to each heat, final and consolation, excluding the relays, the 1000 Free, and the 1650 Free. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u> • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Michael Sizemore Phone: (540) 834-8120 Email: mcsizemore@earthlink.net</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Officials training will only be available for the administrative component of referee training. • Officials must have been certified for a year in the positions in which they are planning to work. • Applications to officiate are available on the VSI website at www.virginiaswimming.org and should be sent to the meet referee no later than February 27, 2014 • Application has been made to have this meet approved as an Officials Qualifying Meet for N2 Certification/Re-certification. • Officials (including non-VSI officials) desiring to be evaluated must request evaluation on the Application to Officiate. • There will be an Officials meeting one hour prior to the start of each session in the "wet" classroom by the leisure pool.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • Swimmers are expected to provide their own timers and lap counters for the 10&U and 11-12 500 Y Freestyle, the 13-14 1000 Y Freestyle, and the 13-14 1650 Y Freestyle • The number of timers required per club and their lane assignments will be posted on the H2Okie Aquatics website (www.h2okieaquatics.org) no later than March 11, 2014 and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Concessions will be available during the entire event • Hospitality will be provided for all coaches and officials, to include breakfast, lunch, dinner, and light snacks each day.
FACILITY RULES:	<p>FOLLOWING RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH THE TOWN OF CHRISTIANSBURG AQUATIC CENTER RULES:</p> <ul style="list-style-type: none"> • Young children must be supervised by an adult. • Observers are to stay in designated areas. • No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations. • Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless

	<p>approved by Aquatic Staff Management.</p> <ul style="list-style-type: none"> • Smoking is NOT permitted within the Town of Christiansburg Aquatic Center. • The Town of Christiansburg Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings. • No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director. • No glass containers of any kind are to be brought into the pool complex. • Parking violators will be subject to fines and/or towing as posted. • Overflow parking may be pre-arranged with Kroger or Christiansburg High School on weekends. • The Aquatic Center strongly encourages showering prior to entering the pool. • All emergency exits and walkways must remain clear. • Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet.
DIRECTIONS:	Directions are also available on the Virginia Swimming web site www.virginiawimming.org .
HOTELS:	HOTEL LINK

Virginia Swimming 2014 Short Course Age Group Championships

Order of Events

Thursday Finals		
G	Pool 1	B
1	10 & Under 500 Freestyle	2
3	11-12 500 Freestyle	4
5	13-14 1000 Freestyle	6

Prelims-Final Sessions

Friday Prelims Pool 1		
G	Pool 1	B
7	11-12 50 Breaststroke	8
9	10&U 50 Breaststroke	10
13	11-12 200 Freestyle	14
17	10&U 200 Freestyle	18
	10 Minute Break	
19	11-12 100 Butterfly	20
23	10&U 50 Backstroke	24
25	11-12 200 Backstroke	26
	10 Minute Break	
29	10&U 100 IM	30
31	11-12 400 IM(*)	32
	10 Minute Break	
35	10&U 400 Med Relay	36
37	11-12 400 Med Relay(*)	38

(*) Timed Final – final heat to swim during finals session

Friday Prelims Pool 2		
G	Pool 2	B
11	13-14 100 Breaststroke	12
15	13-14 200 Freestyle	16
	10 Minute Break	
21	13-14 100 Butterfly	22
27	13-14 400 IM	28
	10 Minute Break	
33	13-14 400 Med Relay(*)	34

(*) Timed Final – final heat to swim during finals session

Friday Finals Pool 1		
G	Pool 1	B
7	11-12 50 Breaststroke	8
11	13-14 100 Breaststroke	12
13	11-12 200 Freestyle	14
15	13-14 200 Freestyle	16
19	11-12 100 Butterfly	20
21	13-14 100 Butterfly	22
25	11-12 200 Backstroke	26
27	13-14 400 IM	28
31	11-12 400 IM(*)	32
33	13-14 400 Med Relay(*)	34
37	11-12 400 Med Relay(*)	38

(*) Timed Final – final heat to swim during finals session

Saturday Prelims Pool 1		
G	Pool 1	B
41	11-12 200 Med Relay (*)	42
43	10&U 200 Med Relay	44
	10 Minute Break	
47	11-12 200 Butterfly	48
49	10&U 50 Butterfly	50
53	11-12 50 Freestyle	54
55	10&U 100 Freestyle	56
	10 Minute Break	
59	11-12 100 Breaststroke	60
61	10&U 100 Breaststroke	62
65	11-12 50 Backstroke	66
	10 Minute Break	
69	10&U 200 IM	70
71	11-12 200 IM	72
	10 Minute Break	
75	10&U 200 Free Relay	76
77	11-12 200 Free Relay(*)	78

(*) Timed Final – final heat to swim during finals session

Saturday Prelims Pool 2		
G	Pool 2	B
39	13-14 200 Med Relay (*)	40
	10 Minute Break	
45	13-14 200 Butterfly	46
51	13-14 50 Freestyle	52
	10 Minute Break	
57	13-14 200 Breaststroke	58
63	13-14 100 Backstroke	64
	10 Minute Break	
73	13-14 200 Free Relay(*)	74
	10 Minute Break	
67	13-14 500 Freestyle (**)	68

(*) Timed Final – final heat to swim during finals session

(**) Will Swim Following event # 78 in pool 1 and #74 in pool 2. Both pools may be utilized, boys in one pool, girls in the other, or whatever expedites the timeline.

Saturday Finals Pool 1		
G	Pool 1	B
39	13-14 200 Med Relay (*)	40
41	11-12 200 Med Relay (*)	42
45	13-14 200 Butterfly	46
47	11-12 200 Butterfly	48
51	13-14 50 Freestyle	52
53	11-12 50 Freestyle	54
57	13-14 200 Breaststroke	58
59	11-12 100 Breaststroke	60
63	13-14 100 Backstroke	64
65	11-12 50 Backstroke	66
67	13-14 500 Freestyle	68
71	11-12 200 IM	72
73	13-14 200 Free Relay(*)	74
77	11-12 200 Free Relay(*)	78

(*) Timed Final – final heat to swim during finals session

Prelims-Final Sessions

(Continued)

G	Sunday Prelims Pool 1	B
79	11-12 200 Breaststroke 10 Minute Break	80
83	11-12 100 IM	84
85	10&U 100 Backstroke	86
89	11-12 100 Backstroke 10 Minute Break	90
91	11-12 100 Freestyle	92
95	10&U 50 Freestyle 10 Minute Break	96
97	11-12 50 Butterfly	98
99	10&U 100 Butterfly 10 Minute Break	100
101	11-12 400 Free Relay(*)	102
103	10&U 400 Free Relay	104

(*) Timed Final – all heats to swim in preliminary session

G	Sunday Prelims Pool 2	B
81	13-14 200 Backstroke 10 Minute Break	82
87	13-14 100 Freestyle 10 Minute Break	88
93	13-14 200 IM 10 Minute Break	94
105	13-14 400 Free Relay (*) 10 Minute Break	106
107	13-14 1650 Free (**)	108

(*) Timed Final – all heats to swim in preliminary session

(**) Timed Final – may swim in both pools at the conclusion of events 104 and 106. Girls in one pool, Boys in the other, with combination possible to make the timeline expedient.

G	Sunday Finals Pool 1	B
79	11-12 200 Breaststroke	80
83	11-12 100 IM	84
81	13-14 200 Backstroke	82
89	11-12 100 Backstroke	90
87	13-14 100 Freestyle	88
91	11-12 100 Freestyle	92
93	13-14 200 IM	94
97	11-12 50 Butterfly	98

2014 VSI SC Age Group Champs Qualifying Times

10 & Under Girls			Events	10 & Under Boys		
SCM	LCM	SCY		SCY	LCM	SCM
34.59	35.59	31.29	50 Free	30.59	35.19	33.79
1:15.79	1:17.59	1:08.59	100 Free	1:08.09	1:18.09	1:15.19
2:49.19	2:53.49	2:33.29	200 Free	2:29.69	2:51.09	2:45.29
5:54.29	6:03.99	6:48.39	500 Free	6:42.29	5:59.59	5:48.99
39.99	42.09	36.59	50 Back	35.89	42.19	39.19
1:26.09	1:30.29	1:18.79	100 Back	1:16.39	1:29.39	1:23.49
45.89	47.89	41.99	50 Breast	41.89	48.19	46.29
1:39.39	1:43.49	1:30.99	100 Breast	1:30.19	1:44.69	1:39.69
38.49	40.29	35.19	50 Fly	34.39	39.39	37.99
1:30.09	1:33.09	1:22.49	100 Fly	1:19.39	1:30.49	1:27.69
1:27.39	N/A	1:18.79	100 IM	1:17.29	N/A	1:25.39
3:07.99	3:16.39	2:52.19	200 IM	2:49.59	3:15.69	3:07.19
11-12 Girls			Events	11-12 Boys		
SCM	LCM	SCY		SCY	LCM	SCM
30.79	31.69	27.89	50 Free	27.89	32.09	30.79
1:06.89	1:08.59	1:00.59	100 Free	1:00.09	1:08.89	1:06.39
2:27.89	2:31.59	2:13.99	200 Free	2:13.39	2:32.49	2:27.29
5:08.79	5:17.29	5:55.99	500 Free	5:56.19	5:19.49	5:08.99
35.19	37.09	32.19	50 Back	32.79	37.69	35.89
1:15.49	1:19.19	1:09.09	100 Back	1:09.09	1:20.89	1:15.49
2:42.09	2:49.29	2:28.39	200 Back	2:29.99	2:52.69	2:43.79
40.19	41.99	36.79	50 Breast	36.89	41.99	40.79
1:27.39	1:30.99	1:19.99	100 Breast	1:19.29	1:31.69	1:27.69
3:08.99	3:14.99	2:53.09	200 Breast	2:49.39	3:15.19	3:06.99
33.59	35.19	30.69	50 Fly	30.89	35.39	34.09
1:15.69	1:18.19	1:09.29	100 Fly	1:10.09	1:19.89	1:17.39
2:50.79	2:55.99	2:36.39	200 Fly	2:32.69	2:53.59	2:48.69
1:17.99	N/A	1:09.99	100 IM	1:09.59	N/A	1:16.69
2:44.19	2:51.49	2:30.39	200 IM	2:31.09	2:54.29	2:46.79
5:49.39	6:05.29	5:19.99	400 IM	5:12.19	6:00.99	5:44.59
13-14 Girls			Events	13-14 Boys		
SCM	LCM	SCY		SCY	LCM	SCM
28.99	29.79	26.19	50 Free	24.59	28.29	27.19
1:02.59	1:04.19	56.69	100 Free	53.49	1:01.29	59.09
2:14.79	2:18.19	2:02.09	200 Free	1:55.39	2:11.89	2:07.39
4:45.09	4:52.99	5:28.69	500 Free	5:15.39	4:43.39	4:33.99
10:01.19	10:08.09	11:27.09	1000 Free	11:03.09	9:54.79	9:35.19
19:29.59	20:02.89	19:44.79	1650 Free	18:59.29	19:28.59	18:49.69
1:09.89	1:13.39	1:03.99	100 Back	1:01.19	1:11.59	1:06.89
2:30.69	2:37.39	2:17.99	200 Back	2:11.99	2:31.89	2:24.09
1:20.79	1:24.09	1:13.99	100 Breast	1:10.49	1:21.29	1:17.89
2:55.39	3:00.89	2:40.59	200 Breast	2:32.59	2:55.79	2:48.49
1:09.39	1:11.59	1:03.49	100 Fly	1:00.69	1:09.19	1:06.99
2:37.59	2:41.99	2:24.29	200 Fly	2:17.49	2:36.59	2:31.89
2:32.69	2:39.49	2:19.79	200 IM	2:12.19	2:32.49	2:25.99
5:25.29	5:40.09	4:57.89	400 IM	4:44.79	5:29.29	5:14.39